

Art Corner



by **Sia Iyer (SH Center)**. Age: 14

Sia Iyer drew this pencil portrait of Sri Vivek Gupta of Chinmaya Mission Niagara a few years back. Sia is fond of drawing.

From the BV Classroom

by **Srimayi Mulukutla (NH Center)**. Age: 15

In the Gita class for 9th, 10th, and 11th graders, one of the things that we have talked about is how it is important to not worry about the result. This means that we have to work as hard as we can to achieve anything that we want, but we should not keep on thinking about what will happen. While this is what Krishna tells Arjuna in the Bhagavad Gita, we can also see how to apply this to our own lives. For example, if we have a test, we should study and prepare for it as much as we can. However, while we are putting in our effort, we should not waste any energy constantly worrying about the outcome. As they say, 'Do the best and leave the rest'.

Hari Om & Namaste

Respected Elders & Dear Friends,
Hari Om !!

Dear Gurudev used to say, "Children are not vessels to be filled; they are lamps to be lit."
In an effort to share the light of knowledge from what we learn in Balavihar, we now have this monthly Balavihar newsletter which will be made & designed by Balavihar children.

If you wish to contribute, please contact Aishwarya K (MVL), Srimayi M (NH) or Sia I (SH).
Hope you all like it !! 😊
(P.S: Contact Information on the second page !!)

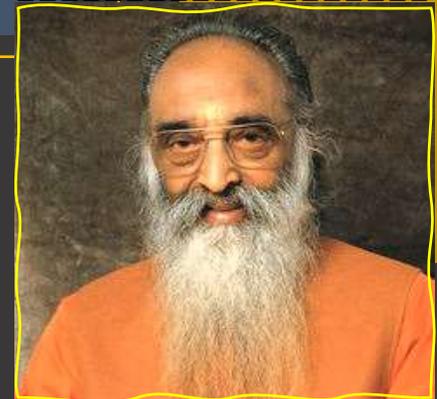
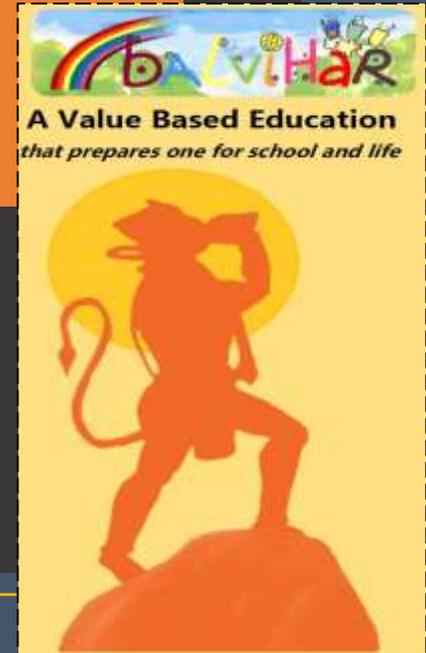
Quote of the Month

Mistakes are proof that you are trying.



Zero Waste Tips

Avoid buying plastic water bottles.



Chinmaya Mission Pittsburgh
Balavihar Monthly Newsletter
March 2020 Edition

My Voice (Bala-Vaani)

by **Aishwarya Krishnamoorthy (MVL Center). Age: 15**

Attending Balavihar for over 10 years now has impacted my life in many ways including my daily life. So, I wanted to share some general thoughts on what I have learned in class, specifically from this year. From a young age in class, we were taught the fundamentals of Hinduism and the stories that go along with it, but in the Gita class, we discussed more in-depth topics such as Karma Yoga.

Karma Yoga is known as the 'Yoga of Action'. It is the idea that our actions play a role in our life. In class, the students breakdown exactly what terms like fate and freewill mean and compare it to the ideas of Karma Yoga and how it solely relates to Vedanta.

Discussions like these allow me to apply the ideas of Vedanta to better my everyday life.

Youth Seva Update

The goal of the Youth Seva is to help others around the community and specifically, the Youth Seva donates money to CORD (Chinmaya Organization for Rural Development).

In the next few weeks, we are planning to have a drawing contest, a bake sale, an awareness campaign about plastic-usage and other exciting events.

In addition, we have been having an ongoing Bazaar sale in which people give their jewelry and clothes to help others. The wonderful thing about Youth Seva is that it is run by the children of our Balavihar!

In the future, we hope that we can share more updates about Youth Seva !

Contact Us:

Dear Friends,

If you wish to contribute to this Balavihar Student's monthly newsletter, please contact the editor from your respective center.

Details are as follows:

MONROEVILLE:

Aishwarya Krishnamoorthy
(Aishu4pie@gmail.com)

NORTH HILLS:

Srimayi Mulukutla
(Srimayi100@gmail.com)

SOUTH HILLS:

Sia Iyer
(IyerGirls@gmail.com)

Cheers,

BV Newsletter Editors 😊

